

## Olney Indoor Swim Center

16605 Georgia Ave., Olney, MD 20832 · (240) 777-4995 · www.mocorec.com

**2019 - 2020 Lane Schedule** • November 15, 2019 - February 22, 2020

| Netre   | eation   | 2019 - 2020 L                                       | and ochicadic                                       | • November 15,                                      | 2010 Toblidary                                      | 22, 2020                           |   |             |
|---------|--|---|---|---|---|------------------------------------|---|-------------|
| 6:00 —  | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY                           | SUNDAY  |             |
| 0.00    |  | 4 SI  | nallow Lap ⋄ D\                                     | <u>WR</u>   |   |                                    |   | 6:00        |
| 7:00 —  | 6 Shallow Lap<br>3 Deep UUL<br>2 Shallow UUL<br>DWR  | 6 Shallow Lap<br>3 Deep UUL<br>2 Shallow UUL<br>DWR | 6 Shallow Lap<br>1 Deep UUL<br>2 Shallow UUL        | 6 Shallow Lap<br>3 Deep UUL<br>2 Shallow UUL<br>DWR | 6 Shallow Lap<br>1 Deep UUL<br>2 Shallow UUL        |                                    |   | —<br>— 7:00 |
| 8:00 —  |  |   | 6 Shallow Lap<br>3 Deep UUL<br>2 Shallow UUL<br>DWR |   | 6 Shallow Lap<br>3 Deep UUL<br>2 Shallow UUL<br>DWR |                                    |   | 8:00        |
| 9:00 —  |  | 5 Shallow Lap<br>3 Shallow UUL                      |   | 5 Shallow Lap                                       |   |                                    | 2 Shallow Lan                                       | 9:00        |
| 10:00 — | 2 Shallow Lap<br>3 Deep UUL<br>2 Shallow UUL<br>DWR  | 2 Shallow Lap<br>3 Deep UUL<br>2 Shallow UUL        | 2 Shallow Lap<br>3 Deep UUL<br>2 Shallow UUL<br>DWR | 3 Shallow UUL                                       | 2 Shallow Lap<br>3 Deep UUL<br>2 Shallow UUL<br>DWR |                                    | 2 Shallow Lap<br>1 Deep UUL<br>DWR                  | 10:00       |
| 11:00 _ |  | 4 Shallow Lap<br>2 Shallow UUL                      |   | 2 Shallow Lap<br>2 Shallow UUL<br>DWR               |   | 1                                  | 2 Shallow Lap<br>1 Shallow UUL<br>1 Deep UUL        | 11:00       |
| 12:00 — |  | Open SWW Area                                       |   | 4 Shallow Lap<br>2 Shallow UUL<br>Open SWW Area     |   |                                    | SWW<br>DWR  | 12:00       |
| 1:00 —  | 3 Shallow · 3 Shallow UUL · 1 Deep UUL<br>· DWR  4 Shallow Lap<br>2 Shallow UUL<br>DWR  4 Shallow UUL<br>DWR |   |   |   |   |                                    | 3 Shallow Lap<br>2 Shallow UUL<br>1 Deep UUL<br>DWR | 1:00        |
| 2:00 —  |  |   |   |   |   |                                    |   | 2:00        |
| 3:00 —  | 4 Shallow Lap ∘ 4 Shallow UUL ∘ 3 Deep UUL ∘ DWR   |   |   |   |   | 4 Shallow UUL<br>3 Deep UUL        |   | 3:00        |
| 4:00 —  | 2 Shallow Lap ∘ 2 Shallow UUL ∘ 1 Deep UUL   |   |   |   |   | DWR                                | 4 Shallow Lap<br>2 Shallow UUL                      |             |
| _       | 3 Deep UUL<br>DWR  |   |   |   |   |                                    | 1 Deep UUL<br>DWR                                   | _           |
| 5:00 —  |  |   |   |   |   |                                    |   | 5:00        |
| 6:00 —  | 1 Deep UUL   |   |   |   |   | 4 Shallow UUL<br>3 Deep UUL<br>DWR |   | 6:00        |
| 7:00 —  |  |   |   |   |   |                                    |   | 7:00        |
| 8:00 —  | 2 Shallow UUL  | 2 Shallow UUL                                       | 2 Shallow UUL                                       | 2 Shallow UUL                                       | 2 Oballa III II                                     |                                    |   | 8:00        |
| 9:00 —  |  |   |   |   | 3 Shallow UUL<br>1 DWR                              |                                    |   | 9:00        |
| Th      |  |   |   |   | <u> </u>  |                                    |   |             |

This Pool Use Schedule may be changed to accommodate special events or holiday activities. Check posted notices in the center lobby.

\*\*\*Configuration of the pool will be set up for swim meets on Saturdays.\*\*\* SWW refers to shallow water walking, DWR refers to deep water running,

UUL refers to universal use lane. SWW is allowed in the recreation area during recreational swim.